My Workout Routine

Sun	Mon	Tues	Wed	Thur	Fri	Sat
workout: time;	workout: time;	workout: time;	workout: time;	workout: time;	workout: time;	workout: time;
workout: time;	workout: time;	workout: time;	workout: time;	workout: time;	workout: time;	workout: time;
workout: time;	workout: time;	workout: time;	workout: time;	workout: time;	workout: time;	workout: time;
workout: time;	workout: time;	workout: time;	workout: time;	workout: time;	workout: time;	workout: time;